

Niagara-on-the-Lake Pickleball Club Inc.
Start Up Recommendations

**SUPERVISION OF THIS FACILITY IS THE RESPONSIBILITY
OF THE TOWN'S BYLAW OFFICERS.**

Phase 1

Outdoor Play ONLY – No Indoor Play
Courts are open. Gates are not installed.

Provincial/Municipal MANDATORY Restrictions:

- Proper social distancing must be practiced at all times.
- Players from differing residences must play singles.
- Doubles games must be played with a partner with whom you are living.

Additional Recommendations by Pickleball Ontario:

- Disinfect your hands, paddles, and other equipment before and after each session.
- Each player or team should use their own ball to serve and never touch your opponent's ball with your hand.
- **Do not**
 - Change sides
 - Shake hands or bump paddles at the end of a game
 - Touch nets, fences or gates
 - Touch your face.
- Carry a towel to wipe sweat from your face.
- Always keep your paddle in your possession (Do not use a group paddle holder or similar system).
- Stretching and warm up exercises should be enhanced to compensate for the long layoff.
- No Club equipment (balls, paddles) will be available for use.

NOTE: It is important that each player (Club member or general public) document when and who they are playing with and against, in case this information is required later for tracking purposes.

If you do not feel comfortable - walk away and don't play.